★ WALKING

## STANLEY PARK SPLASH WALK

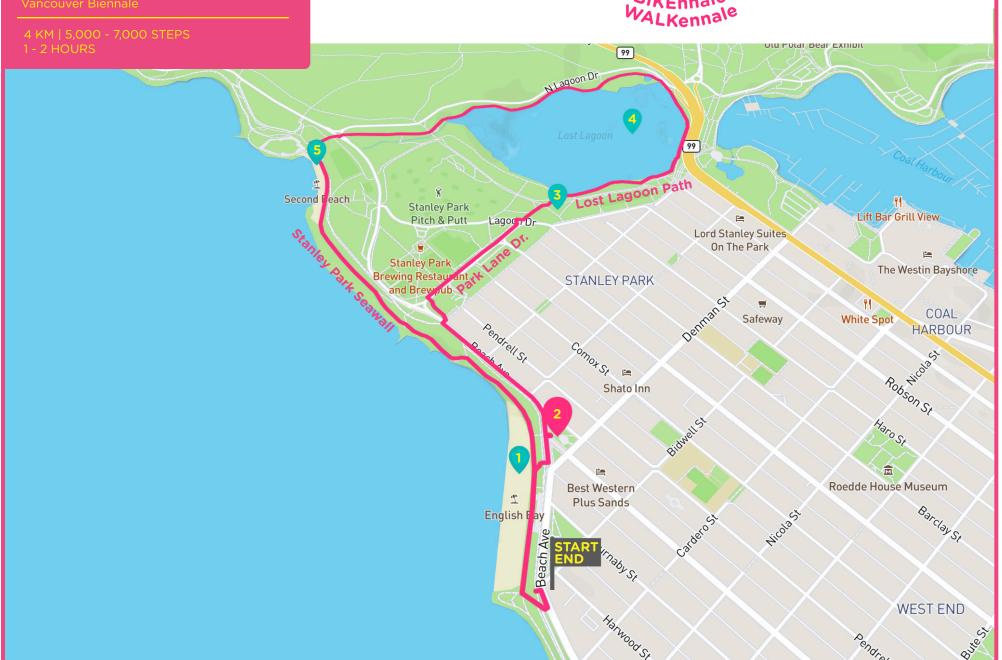
By WE ARE OCEAN VANCOUVER + Vancouver Biennale

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## STANLEY PARK SPLASH WALK

By WE ARE OCEAN VANCOUVER + Vancouver Biennale

4 KM | 5,000 - 7,000 STEPS 1 - 2 HOURS

# **ABOUT THE TOUR**

This walking tour is based on the educational program WE ARE OCEAN VANCOUVER.
Led by T'uy't'tanat Cease Wyss and Olivier Salvas, the online program focuses on Indigenous knowledge of the ecosystems that affect Squamish, Tsleil-Waututh and Musqueam First Nations land. In a series of four YouTube videos, students learn about Indigenous plant and marine life, the impacts of colonization, and ideas for decolonization activities that support ocean health. All parents, teachers and students are invited to participate for free.

Today you'll embark on a journey through Stanley Park from an Indigenous perspective. We hope you'll take a brief stop at each point of interest to learn some history of the land and explore the direct relationship between the ocean and the forest. Activities for children are included throughout to expand on the learning opportunities.

This walk is a modified version of the WE ARE OCEAN VANCOUVER route - If you are looking for a longer, more in-depth tour, we recommend give it a try at: vbbike.ca/weekly-routes

# **ROUTE STOPS**

1 ENGLISH BAY	English Bay
2 A-MAZE-ING LAUGHTER   YUE MINJUN	1800 Morton Ave.
3 LOST LAGOON TRAILS	Lost Lagoon Path
4 LOST LAGOON JUBILEE FOUNTAIN	Lost Lagoon Path
5 SECOND BEACH	Secon Beach Park













Spread the word about Ocean Health by taking action to fight climate change.

#### Some ideas:

- Organize and document a small shore cleanup
- Make a video highlighting pollutants and polluters (such as ocean tankers).



A-maze-ing Laughter
Yue Minjun
2009-2011 Vancouver Biennale exhibition

A-maze-ing Laughter was the most beloved sculpture of the 2009-2011 Vancouver Biennale exhibition, captivating throngs of visitors and inspiring endless playful interaction. This artwork is a legacy of the Vancouver Biennale and was presented as a gift to the people of Vancouver, thanks to a generous donation from Chip and Shannon Wilson. It has quickly become an iconic cultural beacon in the city and will continue to inspire and engage the imagination of future generations of residents and visitors from its home in Morton Park.

Having been nominated in the Canadian Institute of Planners' "Great Places in Canada Contest" in 2013, it was the only work of art in the nation to receive a nomination. This beloved installation helped the West End neighbourhood win the 2015 "Great Place in Canada - Great Neighbourhood" Award.

In *A-maze-ing Laughter* Beijing-based artist Yue Minjun depicts his own iconic laughing image, with gaping grins and closed eyes in a state of hysterical laughter, elements that contribute to the artist's signature trademark. The longer one looks at the 14 cast-bronze figures, the more the contradiction of the silent, frozen form of sculpture becomes obvious.



Take a video to capture as many ecosystem features as possible. Can you find elements that come from the ocean (for example, seashells)? How about including some amazingly tall cedar trees in your video?



Did you know that Lost Lagoon has a strong history with Indigenous people? You are standing on the edge of where the ancestors of T'uy't'tanat Cease Wyss lived from 1860 to the 1920s. What was once a tidal pool and true saltwater marsh was cut off from the ocean when the Stanley Park causeway was built in 1928.

Activity: Create a TikTok video or an Instagram reel to showcase the plant life and animals in Lost Lagoon. Share it with us using the hashtag #VanBiennale.

Activity: Google what is a riparian zone?

WATCH THE VIDEO

https://youtu.be/VpIUEfae8Ms



### #5 - SECOND BEACH

Are there things contributing to ocean pollution that we don't notice? Count the number of tankers you can see. What else can you see that impacts the natural environment?

**Activity:** Take a few moments to watch the video clip and think about ways we can repair ocean health.

#### WATCH THE VIDEO

https://youtu.be/i3xivJ04iXU

## **FINISH**

We hope you've enjoyed the STANLEY PARK SPLASH WALK, a part of We Are Ocean Vancouver. If you snapped a splash-tastic pic, be sure to tag us with #VanBiennale!

If you're inspired to do something about ocean health, there are several ways in which people of all ages, including students, can help. Here's a couple suggestions.

How can you help? There are several ways in which people of all ages, including students, can help restore, preserve and advocate for ocean health.

- Organize a shoreline cleanup with your friends, family, and classmates.
- Learn how to remove invasive species from your area. Get friends to join you.
- Plant an Indigenous garden in your community.
- Become an advocate for the environment. Use your social media platforms to champion ocean health and efforts to fight climate change.

### **LEARN MORE**

WE ARE OCEAN VANCOUVER

https://www.vancouverbiennale.com/learn/programs/we-are-ocean-vancouver/

Vancouver Biennale Youtube Channel https://www.youtube.com/user/TheVancouverBiennale/featured